



Diagram Key:



Player running with ball



Pass



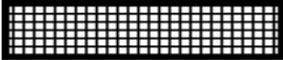
Shot



Player running (no ball)



Ball



Goal



Cone/Marker

Ajax Basic Shooting 2

Category: Passing/Ball Circulation, Ball Striking/Shooting

Practice Segment:

- Technical
- **Skills:**
- Passing and Receiving
- Ball Striking/Shooting

Players: Full Team

Time: 20 min

Ajax Shooting 2:

- 2x2-3 sets of cones spaced from just inside midfield to top of penalty area (12-15 yards between cones)
- 1-2 players at each marker, extra players and balls at starting point (closest cone to midfield)
- A pinney is placed at each middle cone. The “defender” holds the pinney in his hand. The defender is NOT trying to win the ball, only provide a cue for the attackers.

Sequence:

Same sequence as before with defender added. Now there are 2 choices and sets of cues that the attacking players must read.

When “A” moves to the ball, the defender will decide to either mark tightly (right) or remain at the cone (left).

If the defender does not mark, the same sequence with the same cue-reading takes place from version 1. Players must move to the correct spaces with the correct timing and deliver precise passes.

1. If the defender marks tightly, the target (“D”) must move to the space opposite that which the center player (“E”) has dragged the defender.
2. The deep player (“F”) bypasses “E” and plays directly to “D.”
3. As the ball travels from “F” to “D,” player “E” runs around the blind side of the defender to get the ball from “D’s” layoff, resulting in a shot on goal.

Note: The defender does not actively defend or track “E” when he runs onto the last pass.

Rotation:

“B” goes to “C.” “C” goes to “A” and becomes “defender.” Defender becomes shooter at “A” and rotates to other side after shooting.

Foci:

Once again, the activity is about acting correctly based on what the player sees other players doing. Players must now read pressure and bypass it by moving into and playing through space that is opened by movement of teammates. **You are coaching this concept, which can be applied to almost any situation, along with the technical aspect of moving the ball cleanly.**

